

LEADING with HONOR

Leadership Lessons from the Hanoi Hilton



Coaching: TREASURE YOUR TRIALS AND CELEBRATE YOUR SUCCESSES

Lesson 13

The expanded coaching materials are provided to help readers implement the lessons taught in the book. Use them for individual or group development.

The treasures that are often hidden in our suffering and trials can provide greater clarity about what is really true about ourselves and about life in general. With this awareness, we are better able to manage ourselves but also lead and manage others.

1. What treasures have you discovered in your trials?

a. Truths about yourself?

b. Truths about life?

c. Wisdom about leadership?

d. Insights about your leadership?

2. How have these treasures helped you as a leader?

a. How do you lead differently as a result of what you learned in your crucibles?

b. Looking forward, will your insights about trials be different? If so, how?

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3. What is your perspective on celebrating?

a. Is your view more positive or more negative? _____

- If negative, what fears do you have about celebrating?

i. What is the motivation or energy driving your resistance to celebrations?

How could you modify your behaviors to be more effective?

- If positive, are you too quick to celebrate or do you put too much energy into celebrating? _____

i. What is the motivation or energy driving those behaviors and how could you modify them to be more effective?

4. What changes would you like to make in your attitude and behaviors related to celebrations?

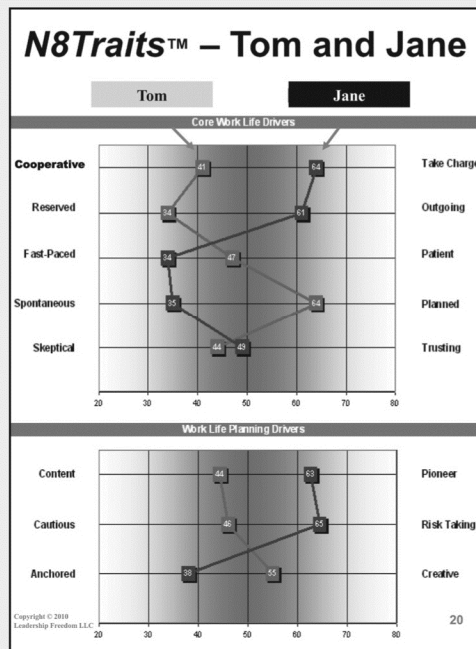
a. Who could help you in making these changes? _____

TAKE THE NEXT STEP IN YOUR LEADERSHIP JOURNEY

LeadingWithHonor.com has tools and resources to help you and your team lead with honor –

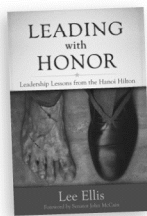
The **N8Traits™ Profile** reveals your authentic self, for working at your very best. You'll discover your natural “go-to” behaviors, providing powerful information for self-management, building relationships, and leading others.

You will discover your strongest behavioral talents and the key influencers you are most likely to use in making leadership and life decisions. The report includes your key strengths and struggles and your relationship essentials. Additionally, you'll receive beneficial suggestions on how to relate to others more effectively to improve your leadership, communications, and teamwork.



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- Download more Coaching materials to help you or your team apply *Leading With Honor* lessons
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